

NE Region Report

January 2014

CHNS & CNPS

Laura Cook

- Manila HS entire student body grades 9-12 for 2 days (14 classes total)- presentations included information on why sex and alcohol don't mix, STD information, HIV information, abstinence and making better choices; also included the Reality Works IP dolls with information on Fetal Alcohol Syndrome, exposure of unborn baby to drugs and shaken baby syndrome. Approximately 400 students
- CPR/AED/First Aid trainings for Newport Para pros and Nurses
- BMI and Scoliosis trainings for Bay School Nurse
- Assisted Jennifer Lynch and Kim McCray with School Health Index Training at Westside School District
- Presentation to Harrisburg HS class on Injury Prevention Reality Works dolls
- Newport HS FACS class presentation-Reality Works IP dolls; FAS, Drug exposed baby and shaken baby syndrome. Included video about the Period of Purple Crying.
- Presentation to Earle HS class on Smokeless Tobacco and Act 811
- Attended Injury Prevention/Reality Works Training at Little Rock

Karen Davis

- Hand Washing Presentations given to 1st and 2nd grade Classrooms at Sloan Hendrix School. Hand Washing Presentations given to 21 KG – 2nd grade classes at Pocahontas School with Kim McCray assisting
- Assisted Cardiac Rehab Nurse with information on Smoking Cessation through 1800-Quit Now
- Tobacco Prevention/Cessation presentations given to 7th and 8th grade Career Classes at Green County Tech.

- Tobacco Presentations given at Oak Grove Elementary to 2nd, 3rd and 4th graders- approximately 250 students
- Worked with NEA Coop Director on a plan to ensure that the Health Teachers that would be teaching CPR to students under the new law will be teaching accurate information. The NEA Coop will furnish a new set of manikins if the school will send their Health Teacher to a CPR Instructor's Class which will be taught by me. When introduced to the board it was passed by all Superintendents
- Assisted Clay County Administrator, Kim Donner with a Flu Clinic at a Basketball game with 2 Clay County Schools playing. Vaccinated approximately 30 people. Tobacco prevention/cessation brochures distributed.
- BMI, Scoliosis, Vision and Hearing Certification was given to new school nurse at Paragould School

Jennifer Lynch

- I provided a SHI, CSH, School Wellness Toolkit, Grant Information, and Breakfast in the Classroom presentation to Westside School District. After the presentation, with Laura Cook and Kim McCray, the staff and parents of Westside School District completed all 8 SHI modules. This was a six hour day where they worked together and developed strategies and ideas to improve school health. Participants included school counselors, parent coordinator, coaches, health teachers, principals, food service director, ROTC coordinator, community members and parents
- Collaborated with Laura Cook to do BMI screenings for Wynne Junior High School for sixth grade girls- During the screening process, we talked with the girls about proper nutrition, weight, consumption of water and amount of exercise their bodies needed. We encourage the girls to eat more fruits and vegetables and less take out and fried foods, and consume water rather than sugar sweetened beverages. We also discussed with them tobacco prevention and ACT 811 along with how secondhand smoke will affect their bodies.
- Cross County High School, at the "Get Real, Here's the Deal" class for FACS students, I provided information on Tobacco Prevention ,Smokeless

Tobacco, SOS information/handouts, secondhand smoke, Act 811 for 24 students, as well as 12 community members, that were also in attendance assisting the class presentation.

- Presentations presented to the Wynne High School Health Ed Class, first period and second period classes, on Nutrition, Physical Activity and Eating Disorders. We discussed proper nutrition with My Plate and Go, Slow, Whoa foods. I also presented on the signs, symptoms and how to get help for self or others with eating disorders. I included an activity for the students to test their knowledge of the Go, Slow, Whoa Foods by grouping students and playing a game of who could group the foods correctly. We discussed Act 811, secondhand smoke and the types of cancer that tobacco can cause as well as other health disparities. Pre and posttest were given to test knowledge on all subjects above.
- Meeting with Carl Easley, Superintendent with Wynne School District about SBHS and other grants.-During this time, I provided information on Tobacco Presentations that I have provided in the High School and Junior High. I also, explained the Emerging Tobacco Products training and he is going to set up a date for me to come in March/April to provide the training for school staff.
- Newport FACS Class: Laura Cook and I provided presentation with Reality Dolls. During the presentation, we discussed the dangers of smoking in general, smoking while pregnant and secondhand smoke. We provided SOS and ACT 811 information/handouts.
- Arkansas Children's Hospital IP provided CHNS/CHPS with Reality works Dolls, dolls are for Fetal Alcohol Syndrome, Shaken Baby Syndrome and Drug Affected Baby presentations. Training gave us the tools to go out in the schools and community to educate students, parents, educators, etc.

Becky Lamb

- Glucagon Administration Training and Paraprofessional Training for School Nurses at Wilber D. Mills Co-op.
- Scoliosis and BMI Training for school nurses at Wilber D. Mills Co-op.
- Collaborated with Laura Taylor on Teen Driving Class at Cabot High School for parents and teens

- CPR/AED trainings for White County Employees and ADH nurses. First Aid Trainings for Sunshine School (49 employees trained in 2 days) .CPR/AED training on 01/29 for Sunshine School.
- GET In Presentation for Rose Bud Head Start
- Scheduled/Preparation for the following workshops: Wellness Toolkit Training, Emerging Tobacco Lunch and Learn, Dr. Burn's Healthy Skin and Healthy Lungs, School Nurse Workshop and Summer Co-op Workshops
- Attended Reality Works/Injury Prevention training at ACH

Cynthia Schaefering

- Presentation to ICC Parenting class students on Tobacco and Shaken Baby Syndrome along with Marilyn Cone
- I had a booth set up at the Highland Girls Basketball game with multiple large tobacco models such as; Mr. Dip lip, Tarboro cigarette, Chemical display cigarette and Secondhand Smoke display model. Students came to the table to check out the SOS promotional items and stayed around to check out the display models as we educated on each of them. A total of 54 students and staff signed the Tobacco Free pledge.
- During the Farm to You presentation students were provided with Tobacco information while waiting to go through the model. Students were informed on Act 811, most of who didn't know it by that name, but were well aware of the law that no one was allowed to smoke in a car with someone under the age of 14. There were a total of 178 students who participated in the model. The Farm to You presentation is in conjunction with the University of Arkansas and the Independence County Extension Agent, Julian King. Students were taken through a series of stations depicting the process by which food makes its way from the farm to you and all the way through our bodies. There were a total of 178 students who participated in the model. The 6th grade students viewed the ATV video "A Trip Unplanned".
- Held CPR recertification training for school nurses and ADH nurses at the coop.
- Attended the Safety Baby Training with Shelby Rowe of Injury Prevention Center.

- Attended Stone County HHI meeting and presented a demonstration of the three safety training dolls to coalition members. A full demonstration of the SBS doll was provided with information about the upcoming training and uses of the doll. The Prenatal Drug Affected baby was then demonstrated to the members with information on possible ways to incorporate into their schools, prenatal classes or organizations. Same was done with the Alcohol Affected Baby. Members were also informed on the availability of other services from CHNS or CHPS including tobacco, injury prevention, physical activity and nutrition. There were 16 members present
- Attended Paraprofessional and Glucagon trainings held at Wilbur D. Mills Coop by Becky Lamb